

# THOMAS VANICE

Sophomore Thomas Vanice enhances his lacrosse knowledge through his business of stringing lacrosse sticks

## HOW DID YOU FIRST GET INTO STRINGING LACROSSE STICKS?

“**I WAS TRYING** to find a way to make money, and no one around here really does it. It took me five months to learn patterns, what different pockets do and what people like. My parents thought it was a good idea, and my friends thought it was kind of funny and didn’t think it would work at first.”

## WHEN A PLAYER BRINGS YOU A STICK, HOW DO YOU DECIDE HOW TO STRING IT FOR THEM?

“**MOST PEOPLE DON’T** tell me what they want, but some do. There are different types of pockets for offensive players, defensive players, someone who shoots and someone who passes. There are different feelings and accuracies for each pocket. If someone doesn’t tell me what they want, then I’ll give them the stick that most people could use.”

## WHAT’S ONE STICK YOU’VE STRUNG THAT HAS A MEMORABLE STORY BEHIND IT?

“**THE STICK** I use now, I strung. I like it a ton, and it’s perfect for me. I’ve been using that for four months and don’t want to get a new head for a while, and I’m trying not to break it. That one’s pretty special. I have two shooting strings on mine, which helps shooting, consistency and accuracy, and also a black mesh.”

## WHAT HAS RUNNING THIS BUSINESS TAUGHT YOU ABOUT YOURSELF?

“**IF I GET** bored or don’t want to do it, I remind myself it’s worth it. I make sure to keep people informed about [my business], and take advantage of it instead of just throwing it away. I try to keep posting on Instagram and tell my friends or anyone that needs their stick strung that I can do it for them.”

### CRUNCHING NUMBERS

Vanice’s current lacrosse-stringing statistics



**Sticks Strung: ≈ 100**

**Avg. Time: 20-30 MINUTES**

**Years of Experience: TWO**

**Price Range: \$25-65**

*\*depending on materials provided by the client*

### SCAN ME INSTAGRAM



Scan here to access Vanice’s Instagram account, where he responds to direct messages and questions regarding stringing lacrosse sticks