

hidden NOVEMBER

How to celebrate the less
known holidays happening
this month

holidays

HALLOWEEN IS OVER. You're still coming down the sugar high from all that candy and craving more holiday spirit. Instead of waiting around for

Thanksgiving and Christmas, save the date for these national and world holidays you've probably never heard of.



3 national stress awareness day

- Sleep in past your alarm
- Meditate for 10 minutes
- Book a yoga class
- Do a face mask



5 national jersey friday

- Wear your favorite jersey to school
- Buy tickets to the Chiefs VS. Packers game on Nov. 7 at Arrowhead Stadium



13 world kindness day

- Leave a kind sticky note on someone's locker
- Hug your friends and family
- Donate to a local charity (here's a list of options!)

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16 national fast food day

- Hit up your favorite fast food place
- REMINDER: eat at restaurants that usually celebrate with deals (here's the 2020 list!)

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21 world television day

- Start a new Netflix series
- Watch an episode (or five) of your comfort show
- Unsubscribe to any streaming services you don't use



27 small business saturday

- Buy something from a small business
- Visit these local shops in KC instead of big companies (here are 30 options!)

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