

FINDING YOUR (LANCER) TYPE

copy and design by kate heitmann
photo by elle siegel

Take this short quiz to find out what type of lancer you are feeling today

START HERE...

1 How much caffeine have you had today?

- a. Black coffee
- b. Iced oatmilk chai latte
- c. Just water
- d. Two Celsiuses

2 What are your spring break plans?

- a. Stay-cation
- b. Beachside resort
- c. Family visit
- d. Skiing the Slopes

3 What shoes are you wearing right now?

- a. Birkenstocks
- b. Nike Air Force 1
- c. Crocs Classic Lined Clog
- d. New Balance sneakers

4 What did you have for breakfast?

- a. Left-over pizza
- b. Reese's Puff Cereal
- c. Brownie baked oats
- d. Another Celsius

5 After school you...?

- a. Nanny
- b. Head to practice
- c. Hit the books
- d. Take a Target run

6 What is your study method?

- a. Eh, just wing it
- b. Grill the teacher
- c. Quizlet
- d. FaceTime study groups

7 Your last Instagram post was of?

- a. Pinterest is where it's at
- b. Friendsgiving
- c. Colorado mountain pics
- d. Sweetheart dance

8 When did you spend time outside last?

- a. Lancer day??
- b. Saturday morning Frisbee
- c. Yesterday's afternoon walk
- d. Lacrosse student section

YOU ARE FEELING...

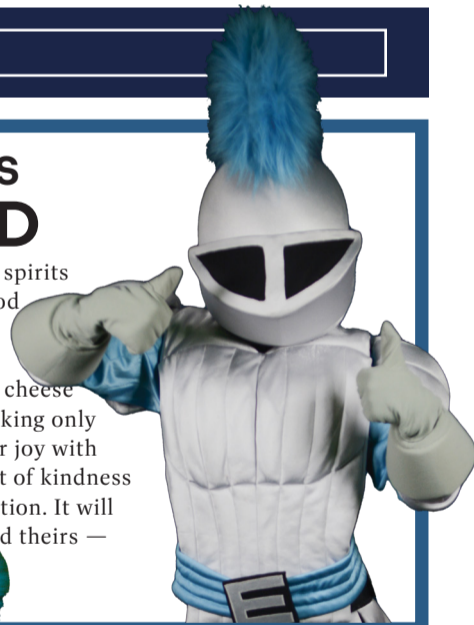
MOSTLY A'S LETHARGIC

It's one of those days. When everything takes twice as long as it was expected to take. When all the teachers drone on. When all your snacks are just slightly off. Those days come in waves and the wave will pass. Take a second to think of three moments which brightened your day.



MOSTLY B'S ELATED

Embrace your happy spirits and project your mood onto others. You are feeling like a melty, golden brown grilled cheese — simply perfect. Taking only a moment, share your joy with others through an act of kindness and words of affirmation. It will lift your spirits — and theirs — even more.



MOSTLY C'S TRANQUIL

Balance. All is balanced. The pie chart of your time is distributed to just the right places and in just the right proportions. While in this moment, appreciate the calm and tranquility.



MOSTLY D'S BOUNCY

It's jumping time! Get ready to jump up and down in excitement. Something big is coming up, even if you don't know it! Keep your eyes peeled and your mind open to new experiences.

